



ROYAL PACIFIC
HOTEL
皇家太平洋酒店

INDIAN VEGETARIAN MENU FOR QUARANTINE STAY

檢疫住宿計劃印度素菜餐單

Day 星期	Breakfast 早餐	Lunch 午餐	Dinner 晚餐
Mon 一	Aloo Chic Pea and Paratha 印式咖喱薯仔雞豆配印式油酥餅	Cumin Pulao with Kidney Bean Masala and Stewed Capsicum 小茴印式飯配南印度咖喱紅腰豆、甜椒	Tomato Pulao with Dal Maharani and Dahi Baingan Masala 印式茄丁飯配印式君妃黃豆濃湯、南印度咖喱矮瓜
Tue 二	Tomato Upma 印式蕃茄麥泥	Kashmiri Pulao with Mixed Vegetable Korma and Dal Toor Tadka 印式黃飯配椰奶雜菜咖喱、黃豆濃湯	Cumin Basmati with Black Eye Bean Masala and Trio Capsicum with Pumpkin 小茴印式飯配咖喱眉豆咖喱、南瓜三色椒
Wed 三	Indian Corn Curry and Paratha 印式咖喱粟米配印式油酥餅	Onion Pulao with Green Bean Masala and Sauteed Spinach in Jain Sauce 印式洋蔥飯配南印度咖喱邊豆及耆那咖喱菠菜	Kidney Bean Pulao with Dal Maharani and Potato and Chick Pea Masala 印式咖喱紅腰豆洋蔥飯配薯仔鷹嘴豆、豆濃湯
Thu 四	Coconut Cream Rice and Black Eye Bean Masala 椰汁飯配南印度咖喱眉豆	Kashmiri Pulao with Singhara Masala and Sauteed Spinach in Jain Sauce 印式黃飯配錫蘭咖喱邊豆及耆那咖喱菠菜	Mint Pulao with Paneer Matar and Dal Palak 薄荷葉印式飯配印式豆腐青豆芝士咖喱及咖喱蘭度豆菠菜
Fri 五	Mixed Rava Upma and Trio Capsicum and Pumpkin Masala 印式什錦麥泥配南印度咖喱南瓜三色椒	Onion Pulao with Sauteed Biryani Vegetables and Stewed Capsicum in Jain Sauce 印式洋蔥飯配布瑞雅尼咖喱什菜及耆那咖喱甜椒	Tomato Pulao with Dal Gujarati and Paneer Matar 印式茄丁飯配古吉拉特黃豆濃湯及印式豆腐青豆芝士咖喱
Sat 六	Coriander Rice and Punjabi Style Cabbage 芫茜飯配旁遮普煮椰菜	Kashmiri Pulao with Corn Masala and Mutter Paneer 印式黃飯配南印度咖喱粟米及印式豆腐青豆芝士咖喱	Mint Pulao with Dal Maharani and Dal Palak 薄荷葉印式飯配印式君妃黃豆濃湯及印式咖喱蘭度豆菠菜
Sun 日	Coconut Cream Rice and Potato and Chick Pea Masala 椰汁飯配印式咖喱薯仔鷹嘴豆	Khade Masala Pulao with Dal Masoor Tadka and Veg Yakhni 印式豆蔻飯配印式紅黃蘭度豆濃湯及旁遮普咖喱什菜	Coconut Basmati with Trio Capsicum and Pumpkin Masala and Dal Masoor Tadka 印式椰汁飯配南印度咖喱南瓜三色椒及紅黃蘭度豆濃湯