



GOLD COAST
YACHT & COUNTRY CLUB
黃金海岸鄉村俱樂部·遊艇會

Taste of September 九月推介



Promotion photos are for reference only 宣傳圖片只供參考

Autumn Healthful Dishes 秋分養生美饌

With the autumnal equinox season approaching, it's the perfect time to focus on nourishing yin to alleviate dryness and strengthen the spleen and lungs. Tai Pan has specially designed a series of autumn healthy dishes with assorted nutritious ingredients, including Stewed Duck with Water Chestnut and Walnut, Steamed Grouper Head and Flank with Red Dates and Dried Persimmon, Simmered Black Fungus and Lily Bulbs in Almond Sauce and more. Make a reservation now!

即將踏入秋分時節，養生格外重要。大班廳特別以健康溫潤的食材設計出一系列秋分養生菜式，為您滋陰潤燥及補肺益氣；包括合桃金針馬蹄炆米鴨、紅棗柿餅蒸龍躉頭腩及杏汁鮮百合煮黑木耳等，立即訂座！

Simmered Fish Soup with Lotus Root and Pumpkin
南瓜玉竹蓮藕煲生魚湯

Stewed Duck with Water Chestnut and Walnut
合桃金針馬蹄炆米鴨

Steamed Grouper Head and Flank
with Red Dates and Dried Persimmon
紅棗柿餅蒸龍躉頭腩

Steamed Beef Shank with Preserved Pickle
沖菜蒸金錢牛展

Simmered Black Fungus and Lily Bulbs in Almond Sauce
杏汁鮮百合煮黑木耳

Enquiries or reservation 查詢或訂座: 2404 3282